

**2022 U.S. Masters Swimming Long-Distance Open Water National Championship
Women**

Age Group	Place	First Name	Last Name	Age	Club Abbr	USMS Number	Time
18-24	1	Danica	Adams	23	UC33	332N-HV10B	1:04:29.00
25-29	1	Catherine	Breed	29	TOC	3826-0A02H	1:00:44.00
	2	Hannah	Sakaluk	25	ARIZ	4824-HAUYW	1:01:15.00
	3	Abby	Bergman	26	MELO	382P-09CWT	1:12:32.00
	4	Helena	Murray	27	TEME	3827-76HBE	1:23:08.00
	5	Gabriella	Giordano	25	TOC	3823-5Z648	2:09:19.00
30-34	1	Allison	Arnold	30	TOC	382J-09827	1:03:18.00
	2	Sarah	Kletzer	30	CRUZ	382Y-08BNA	1:11:53.00
	3	Dana	MacAbales	31	CALGM	3820-07EHT	1:25:13.00
	4	Bianca	Taylor	32	CSTS	3821-3XTFF	1:40:13.00
35-39	1	Harriet	Tzou	37	TEME	3824-XPM3U	1:25:52.00
	2	Meredith	West	38	SMM	382Y-03PVE	1:30:30.00
	3	Meeti	Sudame	35	TEME	382M-SYTSR	1:47:26.00
40-44	1	Carrie	Hahnel	44	MEMO	3820-GXNY5	1:14:21.00
	2	Laura	Lawrence	42	WCM	3820-040G1	1:18:42.00
	3	Helene	Nehrebecki	42	DAM	3829-06JFA	1:18:44.00
	4	Sarah	Groskopf	42	HTUB	3827-03KAH	1:22:07.00
45-49	1	Heidi	George	46	UC38	3826-03KD2	0:58:55.00
	2	Tesla	Profumo	45	CRUZ	3829-068K7	1:07:51.00
	3	Amy	Fischer	47	CLOV	382B-03WDD	1:15:05.00
	4	Beccah	Rothschild	49	MAM	3821-03ZWE	1:22:10.00
	5	Fiona	Duncan	48	GRA	332M-ZY9C5	1:32:07.00
	6	Colleen	Darling	48	WCM	382U-03WVE	1:33:19.00
	7	Ghislaine	Maze	48	RPM	382J-092YS	1:38:26.00
	8	Lisa	Soule	49	UC38	3828-01GX3	1:45:53.00
	9	Gretchen	Fermer	49	QSSSJ	3826-R8GTG	1:54:24.00
	10	Hadar	Aviram	48	UC38	3821-HEART	1:55:24.00
	11	Ariel	Parrish	47	USF	382N-0B8G4	1:58:19.00
50-54	1	Cynthia	Hertzer	53	CRUZ	382V-CHSWM	1:14:35.00
	2	Kathleen	Cowling	51	UC38	382Y-06GBT	1:30:17.00
	3	Michele	Santilhano	52	MELO	3827-03U8P	1:30:56.00
	4	Maria Teresa	Frias	50	GRA	332C-006Z3	1:31:05.00
	5	Patricia	Koning	52	UC38	382V-VP0SX	1:44:00.00
55-59	1	Kimberly	Elsbach	59	DAM	3822-D0NUT	1:09:20.00
	2	Lisa	Ward	58	WCM	3822-006FT	1:10:47.00
	3	Lisa	Hazen	58	LAMV	3825-03M46	1:11:39.00
	4	Rebecca	Friedlander	56	SNM	382E-02D8U	1:12:16.00
	5	Stephanie	Couch	58	MELO	3821-03UKW	1:12:42.00
	6	Jayne	Riley	59	HTUB	382P-07ZZP	1:14:30.00
	7	Linda	Simons	57	GRA	3322-09G60	1:15:17.00
	8	Jane	Russell	59	DAM	382U-074TS	1:19:10.00
	9	Michelle	Ferguson	55	ALB	382S-005NC	1:21:30.00
	10	Marta	Bechhoefer	55	CRUZ	3829-03PWF	1:26:35.00
	11	Kelly	Nix	59	UC38	382B-0A5CT	1:33:01.00
	12	Jennifer	Phalen	58	DAM	382M-JENNY	1:35:39.00
60-64	1	Jane	Eshak-Gage	60	ARIZ	482H-02EYH	1:11:22.00
	2	Ann	Hight	61	TVM	382K-004J0	1:12:37.00

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Age Group	Place	First Name	Last Name	Age	Club Abbr	USMS Number	Time	
60-64	3	Cindy	Clements	61	NBA	3826-03H7Y	1:18:21.00	
	4	Louise	Rafkin	64	MEMO	382Z-09ZYF	1:25:29.00	
	5	Laurie	Lewis	61	BAC	3820-03YD1	1:29:09.00	
	6	Jessie	Hickel	64	EBAT	382E-03FVA	1:33:07.00	
	7	Kelly	Woodard	62	ECAM	382D-081M4	1:35:08.00	
	8	Gail	Gordon	64	TEME	382J-03GCM	1:55:00.00	
	9	Teresa	Focha	61	ALB	382V-03NDN	2:03:01.00	
	10	Leah	Carroll	61	ALB	382M-09H3C	2:09:18.00	
	65-69	1	Phyllis	Quinn	67	TOC	382J-03F7Y	1:25:39.00
		2	Susan	Helmrich	67	LNRS	382Y-03ND1	1:25:41.00
3		Judy	Bracken	65	SRVM	382B-03FUP	1:29:58.00	
4		Karen	Wells	66	LGM	382R-03WZ5	1:44:45.00	
5		Abby	Carranza	65	CRUZ	3829-VK551	2:17:24.00	
70-74	1	Laura	Val	71	TAM	3826-03H9F	1:10:23.00	
	2	Sally	Guthrie	72	DAM	3824-028TM	1:33:44.00	